

November | Noviembre 2017 Volume #10

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Thanks for another Great Season at the Midtown Farmers Market

Miguel Goebel | Midtown Farmers Market Manager

Another wonderful market season has come and flown right by with all of the wonderful tastes, smells, sights and sounds that a Minnesota growing season has to offer! The Midtown Farmers Market would like to thank all of our customers, vendors, sponsors, partners and other supports for another great season. We're proud to have been able to bring fresh local food and a community building space to local residents for a 15th season! While we'll miss all of our great vendors and loyal shoppers in the off season, it's time to reflect on the season that was and begin gearing up for our next season coming up in 2018. Thanks again for a great year at Midtown!

If you enjoyed shopping at the Midtown Farmers Market as much as we enjoyed organizing and operating it, please consider supporting the market this month for Give to the Max Day 2017 on November 16th. Contributions can be made by visiting givemn.org/project/Midtownfarmmarket or by visiting our website and clicking donate, and are tax deductible. Your support will ensure another successful season at the market in 2018!

Gracias por otra gran temporada en Midtown Farmers Market

Miguel Goebel | Gerente de Mercado de Midtown Farmers

¡Otra maravillosa temporada de mercado ha llegado y volado con todos los maravillosos sabores, olores, vistas y sonidos que una temporada de cultivo en Minnesota tiene para ofrecer! El Midtown Farmers Market desea agradecer a todos nuestros clientes, proveedores, patrocinadores, socios y otros apoyos por otra gran temporada. ¡Estamos orgullosos de haber podido traer comida local fresca y un espacio de construcción de la comunidad a los residentes locales para la decimoquinta temporada! Mientras echaremos de menos a todos nuestros grandes vendedores y compradores leales en la temporada baja, es hora de reflexionar sobre la temporada que fue y comenzar a prepararse para nuestra próxima temporada en 2018. ¡Gracias de nuevo por un gran año en Midtown!

Si disfrutaste las compras en el Midtown Farmers Market tanto como disfrutamos organizándolo y poniéndolo en funcionamiento, considera apoyar al mercado este mes para Give to the Max Day 2017 el 16 de noviembre. Las contribuciones pueden hacerse visitando givemn.org/ project/Midtownfarmmarket o visitando nuestro sitio web y haciendo clic en donar, y son deducibles de impuestos. Su apoyo asegurará otra temporada exitosa en el mercado en 2018!

October Welcomed Two New Market Vendors

Vanessa Haight | CNO Staff

In September, CNO launched the Midtown eyes, birchbark cards, organic body scrub, Farmers Market Try It! Program. Try It! natural deodorant, and solid lotion bars. a farmers market experience with limited financial investment. Funding from the CLA Foundation covers the expense of the tent, table, vendor fees, and some signage.

On October 7th, we welcomed breathesun to the Midtown Farmers Market as their first market experience. Natasha Gontesky, artist and owner of breathesun, specializes in natural products for home and body with an emphasis on reusing/recycling found objects. Her products include driftwood and cotton wall hangings, driftwood God's

gives small businesses the opportunity to try Natasha braved the chilly and rainy weather of October 7th to bring her products to the market and was pleased with the conversations, connections, and sales she made. If you missed breathesun at the market, you can shop via Etsy: www.etsy.com/shop/ breathesun.

> Pickle Witch joined us at the Midtown Farmers Market on October 14th and 28th, selling fermented vegetables. Laura Kling, aka Pickle Witch, currently sells products

> > Continued on page 8

Octubre dio la bienvenida a dos nuevos

Vanessa Haight | CNO Staff

En septiembre, CNO lanzó Midtown Farmers la reutilización / reciclaje de objetos encon-Market ¡Pruébalo! Programa. ¡Intentalo! trados. Sus productos incluyen tapices de ofrece a las pequeñas empresas la oportuni- madera flotante y de algodón, ojos de Dios dad de probar una experiencia de mercado de agricultores con una inversión financiera limitada. Los fondos de la Fundación CLA cubren los gastos de la tienda de campaña, la mesa, los honorarios de los vendedores y algunas señalizaciones.

El 7 de octubre, damos la bienvenida a breathesun al Midtown Farmers Market como su primera experiencia en el mercado. Natasha Gontesky, artista y propietaria de breathesun, se especializa en productos naturales para el hogar y el cuerpo con énfasis en a la deriva, tarjetas de corteza de abedul, exfoliante corporal orgánico, desodorante natural y barras de loción sólidas. Natasha desafió el clima frío y lluvioso del 7 de octubre para llevar sus productos al mercado y estuvo complacida con las conversaciones, conexiones y ventas que hizo. Si olvidó respirar en el mercado, puede comprar a través de Etsy: www.etsy.com/shop/breathesun.

Pickle Witch se unió a nosotros en el Midtown

Continúa en la página 8

CORCORAN NEIGHBORHOOD ORGANIZATION 3451 CEDAR AVE S. MINNEAPOLIS, MN 55407

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Please join us Wednesday, November 15th for the Corcoran Community Awards Dinner 6-8pm at the Corcoran Park Recreation Center

Noviembre – Calendario Communitario I November – Community Calender

Meetings

Thursday, November 2nd Land Use & Housing Committee Meeting 6:30 – 8:30pm

Monthly meeting of residents working together to protect and improve the built environment in Corcoran.

> For more information go to http://www.corcoranneighborhood.org > Questions?

vanessa@corcoranneighborhood.org - 612-724-

Location: CNO office, 3451 Cedar Ave S

Monday, November 6th Newspaper Committee 6 – 7pm

Monthly meeting to plan the next edition of the Corcoran News.

> Questions? Russ Grigsby news@corcoranneighborhood.org Location: CNO office, 3451 Cedar Ave S

Tuesday, November 21st Economic Development Committee Meeting 6 – 7:30pm

Monthly meeting of residents working together to build a retail environment that is fully-occupied, stable, and responsive to residents' needs through strategic support and collaboration with property and business owners.

> Questions? Matt Kazinka vanessa@corcoranneighborhood.org - 612-724-7457 Location: CNO office, 3451 Cedar Ave S

Wednesday, November ?? Midtown Farmers Market Advisory Committee Meeting

6 – 7:30pm

Monthly meeting of residents working together to support market staff in identified areas of need including fundraising, communications, operations, outreach and partnerships, and on-site support..

> Questions? Miguel Goebel miguel@midtownfarmersmarket.org - 612-724-7457 Location: CNO office, 3451 Cedar Ave S

Like CNO on Facebook, follow us on Twitter, and join Nextdoor to stay in touch with your neighbors.







Community

Friday, November ?th Somali Museum Dance Class 4 – 6pm

1516 East Lake Street

This practice class is open to any youth or young adults who want to learn about traditional Somali dancing.

> Location: The Somali Museum of Minnesota 1516 East Lake St. Suite 011

Friday, November 3rd 11am – 7pm Powderhorn Empty Bowls

Join neighbors to eat a meal of soup and bread. Choose a hand-made bowl, make a donation, enjoy a yummy meal with family and friends. The donation benefits local organizations.

> Location: Powderhorn Park Recreation Center 3400 15th Ave S, Minneapolis

Events

Tuesday, November 7th Election Day

Corcoran Park Recreation Center On Election Day, you must vote at your assigned polling place based on the precinct where you live. All polling places are open from 7 a.m. until 8 p.m. for regularly scheduled elections.

Corcoran's polling place is Corcoran Park Recreation Center, 3334 20th Avenue South > See page 6 formore information about the upcoming election.

Wednesday, November 15th Community & Leadership Awards Dinner 6 – 8pm

Heros Among Us! Who are the heroes in the neighborhood? Every year, CNO hosts a Community Awards Dinner to celebrate the heroes of Corcoran, who are dedicated to building a strong and vibrant neighborhood. Join your neighbors at CNO's Community Awards Dinner on Wednesday, November 15th. Dinner will begin at 6:00 pm accompanied by music with an awards program at 7:00pm. Come dressed as your favorite superhero! > Location: Corcoran Park Recreation Center 3334 20th Avenue South



Corcoran News

Other volunteers

Mary Bue
Timothy Cameron
Flannery Clark
Sean Gosiewski
Russ Grigsby
Paul Holden
Anne Holzinger
Shawn Kinzel-Auer
Kevin Kirsch
Pete Munene
Genevieve Olive
Kelly Savage
Sandy Spieler
Adam Tomczik

Graphic Design Lorien Kinzel-Auer Publisher CNO Board (listed right)

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Next board meeting

Thursday, November 9th, 7pm 3451 Cedar Ave S

Submissions or for more information: news@corcoranneighborhood.org, ph# 612-724-7457

CNO Staff

Organizer Brettina Davis brettina@corcoranneighborhood.org

Executive Director Heidi Johnson McAllister heidi@corcoranneighborhood.org

Community Development Manager Vanessa Haight vanessa@corcoranneighborhood.org

Farmers Market Manager Miguel Goebel manager@midtownfarmersmarket.org

Farmers Market Ass't Manager Mallory Forseth info@midtownfarmersmarket.org

Give to the Max Day

Donate to Corcoran Neighborhood Organization and the Midtown Farmers Market to Help Us Support and Grow our Small Businesses

Heidi Johnson McAllister | CNO Staff

Corcoran neighborhood has many unique small businesses located in our community. As an organization, Corcoran Neighborhood Organization (CNO) has prioritized providing support to these small business assets in our neighborhood. Residents of Corcoran have come together to develop a robust strategy for addressing the needs of the businesses. For the last three years, CNO leaders have hosted an entrepreneur training, brought businesses at 23rd Avenue and 35th Street together to address challenges, and recruited businesses for the Hennepin County Service Center building at 2215 East Lake Street as well as reaching out to businesses and providing assistance to them to strengthen their business model.



Residents of Corcoran, Nehemiah Inverse and Terry Williams own Winter Goddess Foods and have been in business for eight years. Through CNO, Terry and Nehemiah learned about the Midtown Farmers Market and were able to display and sell their organic drink products and coffee to customers that share their strong belief in sustainability, thinking globally and acting locally, and the creation of food made with positive intention.

Since those early days, Winter Goddess has grown, and while they no longer sell coffee, through the encouragement of CNO, they have branched out into producing new products including three different organic granolas, three organic chai mixes, three sweet and savory or sweet heat nut mixes, and organic candies such as caramels, butter crunch toffee and chocolate truffles. Through CNO and the Market, Nehemiah and Terry have met and established connections and friendships with a host of local farmers and growers from which they began sourcing ingredients for their products. The exposure from both the Market itself and the efforts of CNO to promote Winter Goddess Foods has elevated their business to new heights. While they have lived in and next to the Corcoran neighborhood for the last 15 years, it is through the interaction with CNO and the Market over the last seven years Terry and Nehemiah have truly felt a part of the Corcoran community.

Terry and Nehemiah attended the Plan It! Entrepreneur Training we hosted at CNO, learning about healthy business practices for finances, operations, marketing, and more. The participation in the program was of great benefit to Winter Goddess as they incorporated the business practices into their company and have seen success. Winter Goddess Foods' products are currently in more than 18 stores in the Twin Cities metro, lower Minnesota and Western Wisconsin, and are also sold at several other farmers markets in the Twin Cities.

Please consider giving to CNO in any amount to assist us with supporting, strengthening and encouraging the unique businesses in our neighborhood. Your donation will be used to fund initiatives like the entrepreneur training, assistance to businesses, and programs to bring more vendors to the Market. Donations can be made at www.corcoranneighborhood.org. Give monthly and we will send you a t-shirt as a premium.

Please consider giving to CNO or the MFM in any amount to assist us with supporting, strengthening and encouraging business in our neighborhood. Your donation will be used to fund initiatives like the entrepreneur training, assistance to businesses, and programs to bring more vendors to the Market. Give to the Max is coming up on November 16th. Donations can be made for CNO or the MFM beginning on November 1st at https://givemn.org/organization/cno. Become a monthly sustainer of CNO and receive a free t-shirt.

Thank You to CNO Donors

Heidi Johnson McAllister I CNO Staff

CNO continues to invest time and energy into working with you to create a stronger neighborhood. We work with renter's, help foster new development in the neighborhood, run the midtown farmers market, support businesses in the neighborhood, and enable changes to the intersection at Lake and Hiawatha. This work will not happen without you - whether you give your time or donate to CNO or the MFM. We rely on residents like you. We are continually grateful for the generosity as well as the years of involvement and dedication to create a community that is a great place to live!

Thanks to the following residents who made donations to CNO and/or the Midtown Farmers Market in September:

- LisaBeth Barajas*
- Mary Buhr*
- Stacey Burns*
- Andrea Cecconi*
- Kate Duffy*
- Fierce Ferments*
- Russ and Jenna Grigsby*
- Eric and Kimara Gustafson*
- Susan Hensel*
- Mary Jansen*
- Matt Kazinka*
- Sarah Lawrence-Lupton*
- Kim and Tom Medin*
- Greg and Chelsea Miller*
- Genevieve Olive*
- April and Simon

- Riordan*
- Kelly Savage*
- Tanya Snyder*
- Adam and Devin Tomczik*
- Mary Wittenbreer*
- Andrew Zimmer*
- Deborah Sodt
- · Chase Shutak
- Kevin Kirsch
- Sheril Doughman
- Gerry Tyrrell and Kevin Reuther
- Javier Trejo
- Melissa Johnson
- * denotes CNO / MFM Sustainers

Timothy Cameron | Corcoran Neighbor lying hi commit ever ho how ca vivors

The Incomplete Skeptic:

It's Not Illegal to Be Crazy;

It's Only Illegal to Act Crazy

Jean-Paul Sartre penned, "Hell is other people." I thought, "What's he talkin' about? I love people and do not consider people "hell." I summarily dismissed his words. While I believe it is essential to have the courage of one's convictions, I think it is imperative to question one's convictions. There's always more freedom in a question than in its answer. So, I forced myself to suspend my belief system and examine his proposition open-mindedly and in so doing, reinvented

my perception.

Let's examine the very words we might use to either trap or free us and take a snapshot of our legalese, namely, the adversarial system and its language. When someone's branded a perpetrator, it's easier to call them a monster, or Inhuman, to demonize them. We do this in religion, politics, social strata and even regarding race. On a more subtle level, this demonization comes in gentler phraseology, such as, "Them" or "These People," as if there is not a potential or capacity to harm others is present in every one of us.

Fortunately for everyone, very few of us act on thoughts we have when we're angry or upset. It's not illegal to be crazy; it's only illegal to act crazy. But some of us have mugshots to prove we were behaving crazy. I do, but I am more than my mugshot. Though we might get booked and photographed by the police, we are more than our mugshots. We should not define ourselves or "others" by our worst moments. According to Attorney Emily Baxter, "We are all criminals," or at least would have been had we been caught. All I can say is, "Thank God life isn't fair" because if it were fair, many of us would be in serious trouble right now.

Every country and culture packages and produces both violence and forgiveness. If we fail to recognize the under-

lying humanity of those who commit violence, how can we ever hope to change it? And how can we empower survivors to transcend tragedy if we are ripening a victim's ability to feel 'less than." Why enable safe harbor to staying at the victim stage? Forgiveness is an inside job. We forgive not because the offender deserves forgiveness, but because we deserve peace. Forgiveness exorcises the demon and relieves the perpetrator of its brand; the forgiver finds peace. Fail to forgive, and the beast stays with the victim in a self-made prison of relationship.

When a victim owns the responsibility of being a victim, they take their power back. Victimhood sheds its snakelike skin against the rocks of compassion, which is, ironically provided by those who have "dropped the rock." When an offender takes ownership of their offense, they release the culprit status of self-made guilt & selfpity, which paradoxically represents another form of victimhood. We need to hang up the blamethrower.

The world is addicted to judgment, and lack of mercy is a global contagion. Stop defining yourself and others by one's worst moments. We need to stop absorbing into our Collective Consciousness stories which don't empower us. Run a spiritual virus scan on yourself and then purge the virus from your system. For this writer, God is the oxygen in forgiveness.

In a search for distillation of wisdom, I was touring a graveyard reading tombstones, hoping to find a lifetime of experience all rolled into a word or sentence. On an obelisk, I read, "The sins of our brothers we write in sand, but their virtues we carve in granite."

"Hell is other people." I focused on the word, "other." Ah yes, it became apparent what Sartre might have meant. Other races, other religions, other political parties, other orientations, other classes, and the myriad of "other" Us/Them scenarios. Quit spending time thinking about things you don't like or don't want. 'Look for the Good' in any given person, place or thing, and you'll find it.

Thank You

Russ Grigsby | Corcoran Resident

I would like to say a huge thank you for the opportunity to be Editor of your newspaper for the past year. It was an all-consuming but deeply rewarding experience, and it was my joy to hopefully add a small part. My duties as a minister, husband, and father, along with some new assignments, will be occupying this next season for me, but I remain gratefully your neighbor. And if you ever need prayer for anything, please know that our church community is here for you. "For everyone who asks receives." -Matthew 7:8. Thank you again.



Corcoran News Seeks Editor and Committee Members

 ${\sf Heidi\ Johnson\ McAllister\ I\ CNO\ Staff}$

CNO is seeking an Editor for the Corcoran News to assist CNO with creating a neighborhood resource that highlights the uniqueness and variety of activities occurring here. The responsibilities of the Editor include: leading the newspaper meetings, work with staff on the monthly production of the newspaper, and ensuring the editing of the content is accomplished. The Editor would also lead efforts to recruit new contributors and editing volunteers. The Editor would also be a member of the CNO board of directors and report to the board regarding the committee. Contact Heidi at heidi@corcoranneighborhood.org or 612-724-7457.

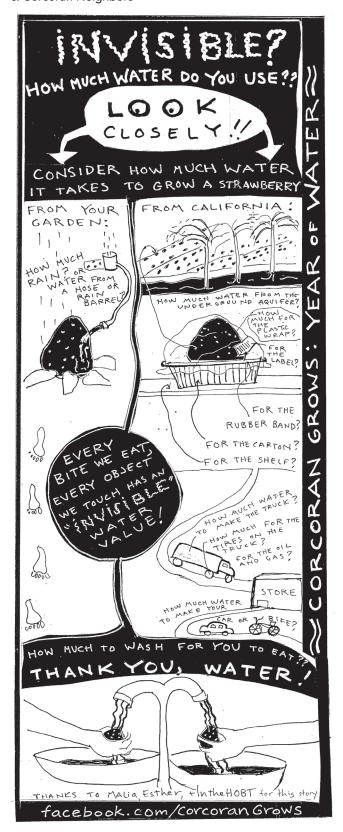
We are also seeking residents to volunteer for the Corcoran News. Interested in writing and editing? CNO would love your assistance in making the newspaper happen! Contact Heidi at heidi@corcoranneighborhood.org or 612-724-7457.





Corcoran GROWS: A Year of Water

Sandy Spieler & Paula Holden | Cocoran Grows & Corcoran Neighbors



Milly's Peace Garden Update

Anne Holzinger I Corcoran Neighbor and Milly's Peace Garden Coordinator

The gardening season at Milly's Peace Garden is going very well. This year gardner Peggy Kaproth decided to try growing watermelons, and she has counted 11 growing in her plot! Pam Morgan decided to try growing corn, and it has grown really well. Other thriving veggies are potato, kale, Swiss chard, tomato, and basil. Herbalist Cynthia Thomas' plot is full of blooming medicinal plants, and the pollinators love them.

Autumn Winds Autumn winds begin to blow, Colored leaves fall fast and slow. Whirling, twirling all around, Till at last they touch the ground.

Fall Leaf Raking Tip and Lake Hiawatha Update

Sean Gosiewski | Corcoran Neighbo





Let's Keep our Creeks, Rivers and Lakes Clean.

Please rake the leaves off your Street & Storm Drain before it rains (and bag or compost them) for these reasons:

- Leaves & organic debris from streets & sidewalks can flow through storm sewers into lakes & streams
- The leaves & other material contain phosphorus, nitrogen & soil, which are significant pollutants.
- These nutrients, especially phosphorus, contribute to excessive algae growth that rob needed oxygen.

Report the # of bags you collect at http://freshwater.org/WorkForWater/ report.php

Post a photo on face book www.facebook.com/ CorcoranGrows

We also invite you to sign up as an Adopt a Drain volunteer on your block to keep your nearby storm drain free of trash, sticks, leaves and sand. You get a recognized with a cool yard sign from Mpls Public Works. Sign up at www.minneapolismn. gov/adoptadrain

Lake Hiawatha Update

Help envision a healthy future for Lake Hiawatha and ways to help more residents be able to enjoy this wonderful park and lake by

- Joining the Friends of Lake Hiawatha at www. friendsoflakehiawatha.org
- Signing up to receive project updates from the Minneapolis Park and Recreation Board's www.minneapolisparks. org/park_care__ improvements/ park_projects/current_ projects/hiawatha_golf_ course_improvements/
- Learning about the Community Advisory Committee for Lake Hiawatha Park www. minneapolisparks.org/ eastoftheriver.

Corcoran GROWS: Fall into GROWS!

Anne Holzinger I Corcoran Neighbor and Milly's Peace Garden Coordinator

This fall, Corcoran GROWS' focus on water has to do with the amount of 'hidden' water it takes to use the things in our daily lives. For example, Sandy Spieler's water graphic this month illustrates the huge amount of water we take for granted when we buy strawberries produced in the desert of California and transported to Minnesota as opposed to growing our own locally. Just a couple of the extra water costs include: 2.5 gallons of water to manufacture each gallon of gas to transport food, 75,000 gallons of water per pound of steel to make vehicles. A couple of other interesting ones: one apple: 22 gallons of water; one loaf of bread: 13 gallons. As consumers, we can reduce our consumption, repair and re-use things, and buy local.

For more info on water: The Story of Stuff Project, waterfoot-print.org or watercalulator.org.

And speaking of water—our own Corcoran Pollinator Network just completed installing their tenth pollinator garden in our neighborhood! All plants and labor were donated by neighbors. We hope to continue installations next spring under the experience and tutelage of leader Sara Nelson. Take a look at all the work and beauty of the project at: https://corcoranpollinatorproject.org/

Keep updated by joining our facebook page: www.facebook.com/corcorangrows

Coming January 2018!

GR WS University

Community-led learning for a resilient future





Corcoran Community Garden Update

Genevieve Olive I Corcoran Neighbor and Corcoran Community Garden Coordinator

Happy fall everyone! The gardeners at the Corcoran Community Garden are wrapping up their 2017 growing season. Seems like just yesterday we were laying mulch and amending plots to ready the garden for our 5th season! If you are interested in gardening with us next year, keep an eye out for the application through Corcoran Neighborhood Organization's communications, including social media and e-newsletter. Or you can contact Corcoran Neighborhood Organization at 612-724-7457



Fall Futsal Training Begins October 28th!

Pete Munene | Southeast Soccer

Develop dribbling, passing, possession skills and play faster!

Southeast Soccer is pleased to offer 5 Saturday futsal / indoor soccer training sessions for youth at either East Phillips or Matthews Rec Centers. Sessions are late October to early December depending on location. The cost is \$60. Our sessions are open to ALL. Invite your friends! Questions, contact Pete Munene, Director of Coaching, at clubrep@sesoccer.org.

Learn more or register at www.sesoccer.org/futsal



Ask The Yoga Instructor: Simple Gratitude Practice

Mary Bue | Corcoran Business Owner of Imbue Yoga Studio

Imbue Yoga 2223 E 35th Street Minneapolis MN 55417 imbueyoga.com imbueyoga@gmail.com

Greetings! Usually every month in this column we answer a question about yoga, meditation or mindfulness from you dear readers (send your questions to imbueyoga@gmail,com!). This season heralds one of giving and thankfulness and I'd like to briefly state a few benefits to practicing gratitude. The clinical definition of gratitude "is the appreciation of what is valuable and meaningful to oneself; it is a general state of thankfulness and/or appreciation." According to the National Institute of Health, there are many associations with gratitude, health and well being. Some benefits include less aches and pains, better sleep, and more social connections / positive relationships.

Gratitude was mostly measured in clinical trials by means of self reflection, which is one of the tools mentioned in the Yoga Sutras of Patanjali (Svadhayaya). Self reflection could be via journaling, therapy, or even simply finding yourself in a moment and taking a deep breath to notice how you're feeling and what you're thinking. In self reflection we can take time to pause, see what the emotional temperature is and how we can reset to make our present moment feel more nourishing, kinder, more in alignment with our true nature.

If you'd like to start a gratitude practice and soak in the benefits, here is a simple ritual that could be done daily, weekly, or when the mood strikes: Light a candle. Sit with a tall spine and begin to focus on the candle's soft flame. Begin to bring awareness to your heart center. Invite yourself to think of 3 things you are grateful for. Hold these people, places, and/or moments in your mind's eye. When you're ready, briefly write in a journal these pieces of gratitude. With this, you are practicing svadhyaya - self-reflection - and basking in the good things in life. Namaste!



Powderhorn Empty Bowls: We Make Art, Provide Sustenance, and Promote the Common Good

Press Realese | Powdwerhorn Empty Bowls



On November 3rd, come together with friends and family for a meal of soup and bread. Choose a hand-made bowl for your meal, make a donation, and enjoy catching up with friends and family. When you leave, take your bowl home with you – now empty – as a reminder you've done something good to help your neighbors.

Powderhorn Empty Bowls is a labor of love for hundreds of volunteers.

This event would not be possible without help from local potters, gardeners, cooks, restaurants that donate soup, and everyone who helps with set up and tear down.

A huge thank you is due to the 75 local potters who are creating and donating more than 1800 bowls to the event, and a special thanks to the 20+ volunteers who have so far, thrown and glazed almost 600 bowls!! If you'd like to donate a bowl or two or fifty, please contact Darah at darahlundberg123@gmail.com

We can still use your help! If you would like to volunteer please sign up here:http://powderhornemptybowl.volunteerlocal.com/volunteer/?id=18193

Visit http://powderhornemptybowls.org, like us on Facebook, or find us on Instagram: PowderhornEmptyBowls

Business Spotlight: Willow Consulting

Kelly Savage | Corcoran Neighbor



Amy Arcand http://willow-consulting.com/ amy@willow-consulting.com

If you've ever worked somewhere when a key executive leadership role vacates, resigns, retires or is let go, you may understand how this type of turbulence can trickle down through an organization. I have been in such a situation and have seen the type of chaos that can result: loss of long term good employees, fear of the unknown, and possibly, the dreaded rumor mill runs amok.

Willow consulting is a small local business with just 2 employees. Amy Arcand specializes in interim executive management, primarily with small to medium sized non-profit organizations, and Brigid Riley specializes in strategic planning.

Amy will step into an interim management role after an executive director leaves or is terminated and

manages the day-to-day operations until the position is filled. She relies on years of nonprofit experience, including being the former Executive Director of the Corcoran Neighborhood Organization, to manage the chaos of transitions.

In fact, it was that job that exposed Amy to our neighborhood. She liked it so much she moved here! Even after leaving the CNO, she has remained in Corcoran as both a resident and local business owner.

She's been running her business from her home for the last 5 years. Most of her business comes from word of mouth through the grass roots organizations she has worked with in the past. From speaking with her, you immediately sense she loves her job. She's passionate about stepping in and triaging the chaos, understanding the organization and its culture, and then working out the kinks. She focuses on the people who remain, and ultimately developing new goals and

visions to pass on once new leadership has been hired. Her goal is to stabilize the organization during the transition and set the new leader up for success.

As Amy's business developed, she found that many organizations also needed strategic planning to help facilitate and solidify the changes put into place. She admired the work that Brigid Riley was doing in this arena so they decided to join forces in 2016. Amy and Brigid have worked informally on several projects over the years, including the creation of the Midtown Farmers Market, and are excited about their formal collaboration.

Willow consulting also provides organizational coaching to younger or up and coming executive leaders as well as community engagement strategies. If you are interested in Willow Consulting services please contact Amy at the above email or visit their website.

Have You Ever Heard of a "Tight Diamond?"

Kevin Kirsch | Corcoran Neighbor

If you're anything like me, you probably assumed I am referring to a lyric from a Prince song. As it turns out, it's actually an engineering term to describe a type of traffic interchange. The reason I'm telling you all this is because a "tight diamond" is currently the preferred redesign approach to the Hiawatha — Lake Street intersection.

As someone who is fired up

about improving this node, I find this to be really exciting! Engineering means design change, and design change means construction, and construction means physically reconfiguring the Hi-Lake intersection for pedestrians and cars alike!

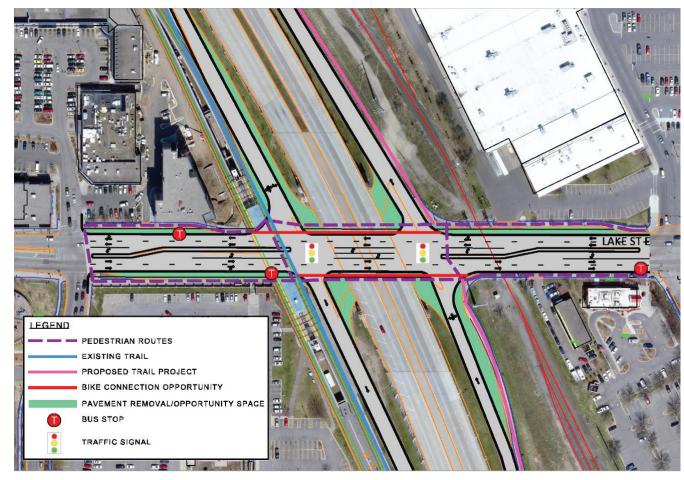
Of course there is that pesky issue of funding these changes, but I feel momentum building, and I want you to hear from those who

know their engineering from their R&B lyrics.

So, I invite you to look for invitations and public meetings in the coming months as the city of Minneapolis, Hennepin County, MNDOT and Metro Transit works to engage the community in this discussion.

In the meantime, if you want to know more about

tight diamonds, Google "Hi Lake Interchange Study." It will pull up a presentation that the Land Use and Housing Committee heard 18 months ago. And while you're at it, come join a Land Use and Housing meeting. We're a fun bunch of people and our next meeting is Thursday, November 2, at 6:30 at the CNO office.

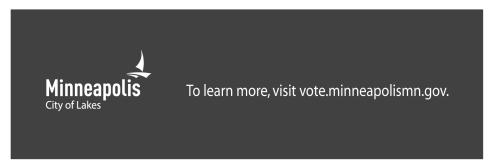




Minneapolis voters will use **ranked-choice voting** this fall to elect a mayor and members of the City Council, Board of Estimate and Taxation, and Park and Recreation Board. That means you will be able to rank up to three candidates for each office.



MAYOR		Rank your first, second and third choice candidates in the columns below. One to be elected.			
1	1st Choice	2	2nd Choice, if any Must be DIFFERENT from your 1st choice	3	3rd Choice, if any Must be DIFFERENT from your 1st and 2nd choices
	Select One		Select One		Select One
0	THEODORE WIRTH PARK	0	THEODORE WIRTH PARK	0	THEODORE WIRTH PARK
0	MINNEHAHA PARK & FALLS Parks United	0	MINNEHAHA PARK & FALLS Parks United	0	MINNEHAHA PARK & FALLS Parks United
0	NORTH MISSISSIPPI PARK	0	NORTH MISSISSIPPI PARK	0	NORTH MISSISSIPPI PARK
0	CHAIN OF LAKES Parks United	0	CHAIN OF LAKES Parks United	0	CHAIN OF LAKES Parks United
0	DOWNTOWN RIVERFRONT Parks Party	0	DOWNTOWN RIVERFRONT Parks Party	0	DOWNTOWN RIVERFRONT Parks Party
0		0		0	
	Write-in, if any		Write-in, if any		Write-in, if any



This year is a municipal election on November 7th. On the ballot for our ward will be:

- Mayor
- Council Member Ward 9
- Board of Estimate & Taxation elect 2
- Park & Recreation Board At Large elect 3
- Park & Recreation Board Districts 3

The election will be ranked choice voting. Ranked choice voting is where you select your candidates via preference. See the sample ballot elsewhere in the paper. Multilingual information about ranked choice voting can be found here: http://vote.minneapolismn.gov/rcv/index.htm

Corcoran neighborhood's polling place is:

CORCORAN NEIGHBORHOOD CENTER 3332 20TH AVE S

MINNEAPOLIS, MN 55407 (the park building)

Precinct: MINNEAPOLIS W-9 P-06 1775 Election date and voting hours: November 7th, 2017 7AM - 8PM

MINNEAPOLIS Election Day: November 7, 2017

What is ranked-choice voting?

Ranked-choice voting allows you to rank up to three candidates for each municipal office. Because Minneapolis uses ranked-choice voting, there is no primary. The primary and general election are combined into a single election on Nov. 7, 2017.

How do I vote?

Just like any other election year, you will vote by filling in ovals on a paper ballot. But in 2013, instead of marking one candidate in each race, you will be able to rank up to three candidates.

Each ballot will have three columns. For each office, mark your ballot from left to right, marking your first choice in the first column. If you want to rank different second and third choices, mark them in the second and third columns. In each race, you can only mark one candidate in each column.

If you make a mistake while marking your ballot, just ask an election judge for a new ballot.

How are votes counted?

On election night, the first-choice votes for all candidates are counted. If a candidate receives enough votes to win, he or she is elected. For example, in the race for mayor, a candidate needs more than half the total votes to win.

If no candidate receives enough votes to win, the counting process begins to eliminate candidates with the fewest votes, and that's when second- and third-choice votes come into play. This continues until one candidate has enough votes to be declared the winner.



Este otoiio, los votantes de Minneapolis usaran un sistema de votacion por orden de preferencia para elegir al alcalde y a los miembros del Concejo de Ia Ciudad, a los miembros de Ia Junta de Impuestos y de Ia Junta Directiva de Parques y Recreación. Es decir que podremos seleccionar hasta tres candidatos para cada oficina.

¿Que es votacion por orden de preferencia?

La votación por orden de preferencia nos permite escoger hasta tres candidates para cada puesto municipal. Ya que Minneapolis usa Ia votación por orden de preferencia, no hay votaciones primarias. Las elecciones primarias y Ia votación general se conjugan en una sola elección.

¿Como voto?

Como en cualquiera de los demas a nos de elecciones, vamos a votar llenando Ia burbuja en Ia boleta de votacion. Pero en Iugar de marcar un solo candidato para cada puesto podremos elegir hasta tres candidatos.

Cada boleta de votacion tendra tres columnas. Para cada puesto, marque su boleta de izquierda a derecha, marcando su primera opción en Ia primera columna. Si desea marcar opciones distintas para el segundo y tercero, marquelas en Ia segunda yen Ia tercera columnas. Para cada cargo, solo podra marcar un candidato en cada columna. Si se equivoca al marcar Ia boleta de votación, solo tiene que solicitarle una nueva boleta al jurado de votacion.

¿Como se cuentan los votos?

El día de las elecciones, se contarán los votos por los candidates de primera opción. Si un candidato obtiene suficientes votos para ganar, será elegido. Por ejemplo, para el cargo de alcalde, el candidato necesita más de Ia mitad del total de votos para ganar.

Si ningún candidato logra tener suficientes votos para ganar, el conteo empieza a eliminar a los candidatos que tengan el menor número de votos, y es ahí cuando entran a jugar los votos por Ia segunda y Ia tercera opción. Esto continuará hasta que un candidato tenga suficientes votos para ser declarado como ganador.



Codbixiyayaasha Minneapolis waxay dayrtan isticmaali doonaan codbixinta doorashada-kaalinsan si ay u doortaan duqa magaalada iyo xubnaha ka tirsan Golaha Deegaanka, Guddiga Qiyaasaha iyo Canshuuraha, iyo Guddiga Xadiiqooyinka iyo Tamshleynta . Taasi waxay ka dhigan tahay in aad saddex musharax u kala derajeyn kartid xafiiskii kasta ee loo tartamayo addigoo u kala saaraya mushraxaaga kaalinta 1- aad, tan 2-aad iyo tan 3-aad.

Waa maxay codbixinta doorashada-kaali nsan?

doorashada-Codbixinta kaalinsan waxav kuu saamaxeysaa inaad xafiis kasta oo dowlada ah aad ugu codevso saddex musharax oo aad u kala dooranayso sida musharax 1-aad, 2- aad iyo 3-aad ee aad u dooran lahayd isla xafiiskaas. Maadaama Minneapolis isticmaalayso codbixinta doorashadakaalinsan rna jirayso sii xulasho musharax oo hormuud ah. Doorashada xulashada musharaxa iyo ta guudba waxaa Ia isugu darayaa hal doorasho oo dhacaysa Nofember 7-deeda, 2017-ka.

Sidee baan u codaynayaa?

Sida doorashooyinka sanad-kasta oo kale waxaad u codeyn doontaa addigoo buuxin doona warqada cod-bixinta. Laakiin sanad-kan 2017-ka halkii aad u codeyn lahayd hal musharax, waxaad addigoo kala derajaynaya u codeynaysaa tartan kasta saddex musharax . Warqad kasta oo cod-bixineed waxay yeelanaysaa saddex khaanadood.

Xafiiskii kasta ee loo tartamayo, waxaad warqada cod-bixinta u calaamideynaysaa addigoo ka bilaabaya biddix una socanaya midig oo khaanada l-aad ku calaamadinaya musharax-

aaga koowaad, tan 2-aadna musharaxaaga 2- aad, tan saddexaadna musharaxaaga saddexaad ee aad isla xafiiskaas u dooran laheyd. Tartan kasta hal musharax uun baad ku calaamadin kartaa khaanad kasta. Haddii khalad sameysid markaad calaamadinayso warqadaada cod-bixinta, weydiiso xaakinka doorashada warqad kaloo codbixineed.

Sidee codadka loo tirinayaa?

Habeenka doorashada waxaa Ia tirinayaa musharaxiinta lagu doortey khaanada koowaad. Haddii musharaxu helo codad ku filan si uu u guulaysto, isaga ama iyada ayaa Ia dooranayaa. Tusaale ahaan tartanka duqa magaalada waxuu musharaxu u baahanyahay in uu helo in ka badan kala badh dhamaan codadka Ia bixiyey si uu u guulaysto.

Haddii uu musharaxna uu heli waayo codad ku filan si uu u guulaysto, habraaca tirade codadku waxay ka takhalusaysaa musharaxiinta codadka yar haysta, waana markaas marka musharaxiinta khaanada 2-aad iyo ta 3- aad ay meesha soo gelayaan. Sidaas beyna u soconaysaa ilaa hal musharax ka helo codad ku filan si loogu dhawaaqo inuu yahay ka guulaystay.

Shape the City's Future through the Comprehensive Plan Update

Press Release | City of Minneapolis

We want to hear from YOU! Join your neighbors in shaping our city to become a healthy, sustainable, and thriving place for all.

Minneapolis 2040 is an update to the City's Comprehensive Plan, a document that shapes how Minneapolis will grow and change. The plan will cover topics such as housing, job creation, the design of new buildings, and how we use our streets.

Over the past year, City planners have learned a lot from Minneapolis residents about the future of our city. We've heard that as the city grows, everyone must benefit from that growth. You told us that it can be difficult to access jobs that are not located nearby. We've heard concerns about the rising cost of housing, and that not everyone has access to the type of housing that meets their needs. We've also heard that people value well-designed and environmentally sustainable buildings, and that there is a desire for the city to be more walkable, bikeable, and mass transit-friendly.

Beginning late in November and throughout the month of December, you will have the opportunity to provide feedback on some initial ideas for meeting these goals between now and 2040. Here is how you can participate:

- Attend one of four upcoming family friendly, interactive open houses in early December. Enjoy complimentary refreshments from local vendors. Sign up for updates at minneapolis2040.com to learn when specific dates, times, and locations are available.
- Participate online at minneapolis2040.com. New content for your feedback will be available November 20.
- Have a conversation with your friends and neighbors, using the Meeting-in-a-Box available at minneapolis2040.com. A new Meeting-in-a-Box will be available on November 20.

Frenz Tenants Continue to Organize

Flannery Clark | Corcoran Neighbor and CNO Board Chair

Tenants of 5 buildings on the 3100 block of 22nd Ave South were informed in September that their buildings had been sold to an unnamed buyer, and that their rent checks should be delivered to an address on the North side of a Minneapolis. These buildings were most recently owned by Steve Frenz, who is currently facing two lawsuits brought by tenants across the city. The first lawsuit alleges a history of neglect, including buildings in poor repair, mold problems, and infestation by mice and other vermin. The second lawsuit alleges that in selling his buildings, Steve Frenz is committing fraud in an attempt to avoid paying damages if he loses the first

building in Corcoran was also sold around the same time.

The tenants in these buildings continue to face issues of cockroach and mice infestation, as well as problems with mold and neglected repairs. CNO staff have been working with the tenants to clarify the ownership of the building and the status of required new rental licenses. Please stay tuned for opportunities for Corcoran residents to help support our neighbors as the situation develops.

For more information on the legal fight against Steve Frenz and CNO's involvement in organizing renters, please visit the news section of corcoranneighborhood.org.



TrainUpAChild Family Childcare "Quality Care for the Children you care about Hours of Operation: 6am-6pm 3428 19th Avenue South Minneapolis, MN 55407 Jalilia A.Brown Phone: 612-721-0250 Fax:612-721-0250 jalilia1@yahoo.com www.trainupachild.vpweb.com

CNO Board Of Directors Meeting

Thursday, September 14th, 2017, 7 – 9 pm at CNO, 3451 Cedar Ave. S.

Present: Lisa Barajas, Matt Kazinka, Lori Kinzel-Auer, Russ Grigsby, Ellie Watkins, April Riordan, Marvin Applewhite, Adam Tomzcik, Mandie Kender, Heidi Johnson McAllister (staff) Absent: Alberta Smith, Siyad Warsame, Mike Novak, Flannery Clark

Call to Order and Introductions

A. Market Fundraiser

Board members were encouraged to purchase tickets online or at the market. Additionally, Miguel and Mallory are both dealing with illnesses and need assistance with set up, staffing the market and take down.

B. Board Re-appointment

MOTION: Re-appoint Matt Kazinka to the CNO board. Adam moved. Russ seconded. Motion passes.

C. Treasurer's Report

April began by sharing that a group of board members will be meeting to discuss finances and financial sustainability. The group will take a deeper dive into finances, create projections further out, and pay attention to our finances.

D. Debrief Candidate Forum

The board discussed the candidate forum. The weather was perfect. Between 70-80 people attended. The moderator was good, handed the yelling at the candidate - underestimated candidates. Adam shared that the preambles before each question were long. He wanted to hear what the candidates had to say and there were lots of questions from the audience. Adam also shared that the event was good and in the future, we hope to have it move south into more of the market. The board would like to see a wrap up in the newspaper with candidate bios if able.

E. Blue Line Flats

Marvin led the board in discussing the report Blue Line Flat report. Marvin listed a variety of issues, which include unfair parking restrictions and high cost of underground parking, no visitors parking, and people don't feel safe walking. The management company is improving, but tenants are not keeping the place nice and there seems to be a lack of control. Shanell, who is the head manager gets bonuses when rent is paid on time. Stuff is spilled on the carpet. The community room got trashed after the residents asked for it to be open. 98% of the building are Somali. There have been car break ins. Cars are still being towed if you park in the wrong place. The cost to park in the underground parking lot is \$75. The board discussed the lighting around the Blue Line Flats. The lighting along 32nd and 31st is not great and people are scared to walk at night. Adam asked if there are not enough street lights or are they burnt out? Does 23rd Avenue have sufficient lighting? Russ asked if parking on 32nd Avenue is sufficient. People are parking on 23rd. Additionally, there are a lot of slamming doors at night.

The board wondered about recruiting someone else in the building to engage with residents. Mandie shared that finding someone in the community who connects with the building management

as well as tenants. Mandie also expressed a concern about immigration and ICE so people are hesitant to connect with anyone outside of their community. Asking both about expectations and facilitating bringing people together. Lisa shared that renters have both rights as well as responsibilities. Another issue that was brought up was the rent is already being raised. Adam discussed the broader concern that 525 units will be going up near Lake and Hiawatha in the next few years. We need to figure this out now and do some hard thinking about the repercussions of these developments. Where is it working well, especially places that experience a cultural difference? Is there a live in caretaker? The board discussed what direction do we go?

The board discussed the following next steps: 1. calling 311 about the lighting. 2. CNO staff are hosting a renter's appreciation party and inviting renters from the Blue Line Flats. Additionally, CNO staff will be distributing welcome packets in the building. 3. In the long term, asking them to volunteer, participate in the market, be on the board, educate the community.

F. Land Use and Housing Motions

• Learning Dreams Proposal

MOTION: Conceptually support Learning Dreams project proposal for a community gallery under Hiawatha Bridge at Lake Street so they can move forward with approaching MNDOT with the proposal.

The motion was postponed till October due to running out of time.

• Hi-Lake Interchange Study Tier III Concept

Adam shared the Tier III options for the Hi-Lake Interchange and explained each option. Lake Street Council, the County and the City have identified the Modified SPUI, Two Way Ramps, and the Diamond with Two Way Ramps. Of the two remaining, CNO prefers the Tight Diamond as it keeps all ramps open yet creates sharper turns. It also creates more direct pedestrian crossings. MOTION: Endorse the Hi-Lake Interchange Study Tier III Con-

cept - Tight Diamond - with inclusion of all Tier II improvements as part of the Tight Diamond reconstruction. Motion passed.

G. Committee Reports

• Economic Development

Matt shared that postponing the October 7th event. Matt also shared that the progress of the 2215 Lake Street retail.

Russ shared the roster for the October paper.

• Renter's Committee

The Land Use and Housing committee will be functioning as the renters committee until there is one.

Announcements and Adjourn

Next Board Meeting: Thursday, September 14th MFM Fundraiser, Saturday, September 30th

CNO Board Of Directors Meeting

Thursday, August 10th, 2017, 7 – 9 pm at CNO, 3451 Cedar Ave. S.

Present: Flannery Clark, Lisa Barajas, Matt Kazinka, Lori Kinzel-Auer, Russ Grigsby, Heidi Johnson McAllister (staff)

Absent: Marvin Applewhite, Alberta Smith, Siyad Warsame, Mandie Kender, Mike Novak, April Riordan, Ellie Watkins, Adam Tomczik, Evan Lee-Ferrand

Call to Order and Introductions

Board Members present provided stories from their National Night Out festivities. Some made t-shirts, many shared food and

Since there was no quorum, we went through the agenda and had conversation, but could not vote on anything.

A. Board Resignation

MOTION: Accept Evan Lee-Ferrand's resignation from the board due to moving out of the neighborhood. The motion passed via email vote.

B. Strategic Planning

Flannery Clark shared that the ExCo needs to revisit the strategic planning process and hiring a consultant to administer the process due to a variety of factors including expertise, unbiased approach, and time. The board member present agreed that hiring a consultant would be wise. The board members did commit to door knocking and outreach at the market

C. Treasurer's Report

With April out sick, the board briefly looked over the financials and decided to discuss next month.

D. Blue Line Flats

Since Marvin nor Warsame were present, the board briefly discussed the Blue Line Flats. Heidi shared that the Blue Line Flats management company came into the office to speak with Heidi and Brettina, leaving us unsure of organizing during office hours of the management company. Lisa shared that we should document as much as possible.

E. Upcoming Candidate Forum

The board reviewed the forum format and questions, providing feedback.

F. Open Streets Update

Flannery led the board in a debrief of the Open Streets experience at the board level. Humanize Hi-Lake was located against the wall on the south side of the intersection, which was out of the path of people walking through the intersection. It was hard to stop people - we wished we would have had more signs and be able to catch people's eyes. Many people wanted to complain about the people staying and hanging out under the bridge. When we talked about transportation, people were asked to pick one Tier II change to the intersection. Many people did not want to pick one. The postcards will go to Commissioner McLaughlin

G. Plaza Governance

The board reviewed Plaza Governance Purpose and Bylaws

brainstorm document. Due to lack of quorum, Heidi will create an explanation and the board will vote over email.

MOTION: to empower the plaza subcommittee of the board to produce draft bylaws to submit to Hennepin County based on the direction outlined. Motion passed via email.

H. Committee Reports

• Land Use and Housing
Flannery shared an update for the Land Use and Housing, which included MPS attending the August meeting to share an update on the construction. They are on track with a giant pit and driving in metal.

• MFM Advisory Committee

No update.

• Economic Development

The committee is working on a block party to bring attention to the 35th and 23rd corner. It is slated to occur October 7th, but have to do a final check with businesses. The MFM Try It Program is set to begin. Interested vendors will apply and go through a vetting process. Seeking to have 5 or 6 businesses for the remainder of the year.

Newspaper

Russ shared the new spaper roster for September.

• Renter's Committee

Heidi shared an update about the Steve Frenz Apartment Shop apartments in Corcoran and the lawsuit.

Announcements and Adjourn

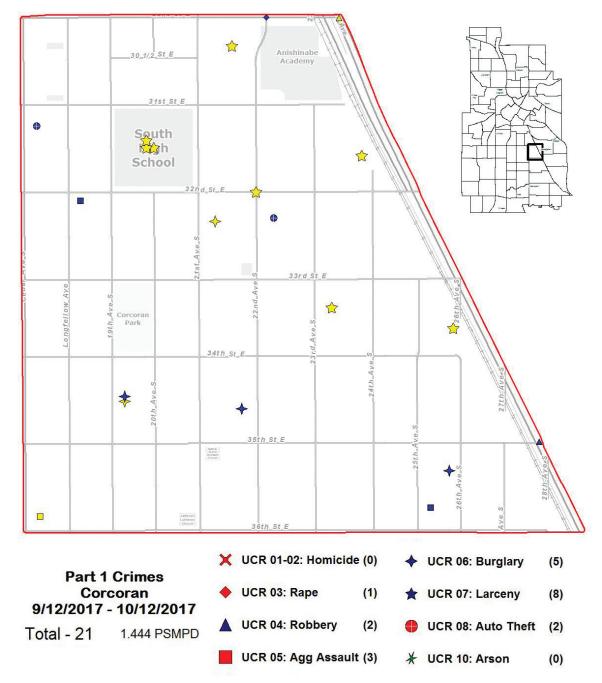
Next Board Meeting: Thursday, September 14th Candidate Forum, Saturday, September 9th MFM Fundraiser, Saturday, September 30th



Corcoran Watch Update

Shawn Kinzel-Auer | Corcoran Neighbor & Block Leader

Corcoran Neighborhood Crime Map Mid-September to Mid-October 2017 | Mapa de Delinquencias en Corcoran desde medio-septiembre a medio-octubre 2017.



source: MPD, Karen Notsch, karen.notsch@minneapolis.gov, 612/673-2856

Corcoran Hosts Small Business Mixer

Matt Kazinka I Corcoran Neighbor, CNO Board Member, and Chair of the Economic Development Committee

Corcoran Neigbhorhood Organization will be hosting a morning networking event for neighborhood small business owners on Thursday, November 8th, from 8:15-9:30am at the CNO office (3541 Cedar Avenue).

The event was developed by the CNO Economic Development Committee, which has a goal of helping connect and support neighborhood businesses. The Committee created the mixer as a low-key opportunity for businesses, especially home-based businesses, to get to know one another and learn more about the work that CNO is doing to support local businesses.

The meeting will feature a short presentation from Dani Palacio, marketing strategist with Rachel Greenhouse Strategic Marketing Agency. Dani will share the 5 most important things you can do for your small business.

Do you own a business in the neighborhood? Come join us! Coffee and donuts will be ready at 8:15, presentation at 8:30 am. RSVP by November 1st to vanessa@corcoranneighborhood.org, 612-724-7457 x 5.

NOV. 9, 2017

8:15 - 9:30 AM

DONUTS & COFFEE BUSINESS MIXER

Corcoran Neighborhood Organization - 3451 Cedar Ave S

MEET FELLOW SMALL BUSINESS OWNERS & ENJOY A PRESENTATION ON THE TOP 5 THINGS YOU CAN DO FOR YOUR SMALL BUSINESS FROM THE RACHEL GREENHOUSE AGENCY



Dani is a marketing strategist and is passionate about creating marketing messages and deliverables that resonate with the intended audience. With over 20 years of experience, she can offer business owners practical and insightful options to help their business grow. She specializes in strategy, planning, and social media.



RSVP by November 1st vanessa@corcoranneighborhood.org 612-724-7457 x 5



New Try It Venders

Continued from front page

out of their home made with veggies purchased from the Midtown Farmers Market. Because these are small batch ferments, there are constantly new varieties. October varieties include spicy daikon radish relish, garlic moon beans, and a sweet and effervescent "white kimchi". In addition to selling ferments, Pickle Witch offers workshops on how to ferment your own vegetables. If you missed Pickle Witch at the market, check out their website: www.picklewitch.org.

Have you enjoyed seeing first-time vendors at the Midtown Farmers Market this season? Please consider making a tax-deductible donation to Corcoran Neighborhood Organization to help sustain this program. www.corcoranneighborhood.org/donate





Nuevo Try It Venders

Continúa de la página principal

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Corcoran Park Happenings

Ryan Flanders | Corcoran Park Director



- Preschool: Ages 3-6 Begins in January 2018 T/W/TH 10am-3pm Call for more details: 612-370-4919 Take advantage of this time for your little one to make new friends while playing and learning new social skills. Each day your child will enjoy music, storytelling, and creating artwork. Parents, pack your child's favorite food for lunchtime each day at the park. You won't want to miss out on this opportunity for your little one. Child must be potty trained. No class Nov. 22nd or 23rd.
- Rec+: M-F 2-6pm, After School Rec+ coordinator: Mackenzie Rodine Call for more details: 612-370-4919
 Rec Plus provides school-age childcare for children ages 5-12 (must be in grades K-6) at neighborhood recreation centers. Rec Plus operates atPre School and After School Rec + Child Care availability still. New Pre School session begins in January.
- Family Fun Halloween party at the falls this Saturday October 29th from 1-4pm. \$5/child

Corcoran park ONLY after school 2-6pm daily. Activities include games, sports, arts and crafts, homework help, field trips and nutritious snacks.